



GUNNERS

BAR RACKS

THE HISTORY OF TEA

Imported by East India Company, the first samples of tea reached England between 1652 and 1654. By the middle of the 18th century, tea had quickly proven popular enough to replace ale as the English national drink.

Prior to the 17th century, the English had two main meals – breakfast and dinner.

It was Anna, 7th Duchess of Bedford, who first invited her friends to join her for an additional meal of bread and butter sandwiches, small cakes and of course, tea.

Later, made popular by Queen Victoria, Afternoon tea developed into an indulgent cuisine.

Wafer-thin crust free sandwiches, typically of cucumber, smoked salmon and cheddar cheese, fancy cakes and regional British savouries and pastries such as Welsh rarebit, Scottish scones and English crumpets were enjoyed

Two distinct forms of tea services evolved: ‘low’ and ‘high’ tea.

Low Tea, enjoyed in the low or early part of the afternoon, was served in aristocratic homes and featured gourmet tidbits with emphasis being on the presentation and conversation.

High Tea originated from the working class; not having the means of two main meals each day they combined afternoon tea with the evening meal, serving meats, breads and cakes with hot tea at the end of the day.

The real Tea Connoisseur prefers loose leaf tea simply because it brings out the wonderful variety of nuances and flavours. Tea is very similar to wine; there are an endless number of different types, with the influence upon the final taste resultant from the production method, the harvest time and the shape of the leaf.

Selected teas are grown in optimum climate conditions and where highly advanced cultivation techniques are practiced.

There are only five countries in the world that fulfil these criteria's; India, Sri Lanka, China, Taiwan and Japan.

Today, Gunners' Barracks preserves a rich tradition of using the highest quality teas from these countries and partnered with Ronnefeldt teas we can offer outstanding quality to all who visit.



GUNNERS BARRACKS

MORNING TEA (Available Monday to Friday, until 12pm) 35
A set selection of cakes and pastries, finger sandwiches, tea or coffee

Available Monday to Sunday, 10am until close

TRADITIONAL AFTERNOON TEA (Gluten free available) 50
A set selection of cakes and pastries, finger sandwiches, scones and preserve
With your selection of tea or coffee.

CHILDRENS TRADITIONAL AFTERNOON TEA 35
Petit pastries, finger sandwiches, scone, jam and cream, choice of hot chocolate, soft drink or juice

SPARKLING AFTERNOON TEA 55
Traditional Afternoon tea served with a glass of Australian sparkling wine
With your selection of tea or coffee.

COCKTAIL AFTERNOON TEA 65
Traditional Afternoon tea served with your choice of the following and tea or coffee

- Pimms Twist – Pimms, Gin, Dry Ginger and lemonade with mint, cucumber and fruit
- Bellini – Peach Schnapps and pureed peaches topped with sparkling wine
- Caribbean punch – Pineapple juice with Malibu and coconut cream
- Cosmopolitan – Vodka and Cointreau with cranberry juice and fresh lime
- Margarita – Tequila and Triple Sec with fresh lime juice, served in a salt rimmed glass
- Espresso Martini – Vodka, Kahlua and chilled espresso coffee

CHAMPAGNE AFTERNOON TEA 70
Traditional Afternoon tea served with a piccolo of French champagne
With your selection of tea or coffee.

FRESHLY SQUEEZED JUICE 8
Carrot, orange and ginger
Apple, cucumber, spinach and parsley
Pineapple, watermelon and mint

A minimum requirement of one food item per person must be ordered



GUNNERS

BAR RACKS

BLACK TEAS

7

ASSAM MOKALBARIE

An extravagant broken tea with a superbly lively aroma of malt and spices

ST JAMES ENGLISH BREAKFAST

A premium Ceylon tea from the Uva Highlands with a fruity and lively aroma, appealing to many

IRISH BREAKFAST

Similar to English breakfast but with extra Assam tea for a dark colour and strong flavour

ORANGE PEKOE

A well balanced Ceylon tea blended from tea estates of the Dimbula district, highly aromatic

EARL GREY

A delegate blend with the typical citrus aroma of bergamot

CEYLON DECAFFEINATED

A Ceylon tea full of fruity liveliness – without caffeine, mild in acids

CLASSIC CHAI

This exotic, spicy milk tea from India is both mysterious and delicious

VANILLA

Fine pieces of vanilla were added to this delicate tea from India to offer a mature full sweetness

RED ROSES

A blend of the finest China tea with rose petals and the delicate aroma of the rose; flowery, mild and light

IRISH WHISKEY CREAM

The extravagant flavour of Irish whisky with a hint of cocoa blended with an intensely malty Assam Tea.
Served with hot milk

DARJEERLING DELIGHT

A clear, fresh spring tea with typical Darjeeling bouquet – from the best organic tea gardens

SUPERIOR OOLONG

An exquisite Taiwan tea that is semi-fermented. Only minute quantities of this rarity are harvested every year.
A fascinating tea with great richness of flavour, and a fruit and nut character full of elegance



GUNNERS

BARRACKS

GREEN TEAS

7

WOKU GARDEN

This organic fragrant tea is carefully handcrafted to accentuate the delicate sweetness of spring

FANCY SENCHA

A subtle flavoured leafed tea with a delicate characteristic

JASMINE GOLD

Sweet Jasmine petals give their special flavour to this elegant fine leaved tea.

SUPERIOR GYOKURO

Harvested only once a year, this unbelievably fine, premium quality tea has a subtle and mildly sweet aroma

LEMONS GREEN

A flavoured blend of green tea with lemongrass and lemon flavour. A delightful large-leaved Sencha with the aroma of mature, fresh lemons

ROYAL GUNPOWDER

Refreshing tart leaves rolled into balls. Produces a soft honey or coppery brew, with a herby smooth light taste.

HEAVEN AND EARTH

A delicate blend of tart Sencha, sweet strawberry and hints of kiwi fruit.



GUNNERS

BARRACKS

WHITE TEA

7

YIN LONG

A rare tea produced from the mountain province of Anhui. When harvesting; only the delicate downy shoots are carefully rolled by hand to a small ball and heated in the pan to halt fermentation. A subtle peach flavour with a touch of tartness

HERBAL INFUSIONS

7

CHAMOMILE

Chamomile tea has a pleasant and relaxing effect and tastes typically tangy and aromatic

PEPPERMINT

Peppermint tea's natural menthol refreshes and relaxes